

# Privacy Policy

This privacy policy applies between you the user of this website Smart nutrition and fitness, the owner and provider of this website Smart nutrition and fitness takes your information very seriously. This privacy policy applies to our use of any data collected by us or provided by you in relation to your use of the website. PLEASE READ THIS POLICY CAREFULLY

## Definitions and interpretation

1) In this privacy policy, the following definitions are used:

### Data

Collectively all information that you submit to Smart nutrition and Fitness via the website. This definition incorporates, where applicable, the definitions provided in the Data protection act 1998

### Smart nutrition and fitness we of

3 Warren Road Purley, Surrey CR8 1AF

### User or you

Any third party that accesses the website and is not either a) employed by smart nutrition and fitness and acting in the course of their employment or b) engaged as a consultant or otherwise providing services to Smart nutrition and fitness and accessing the website in connection with the provision of such services; and

### Website

The website that you are currently using [www.smartnutritionandfitness.uk](http://www.smartnutritionandfitness.uk) and any sub domains of this site unless expressly excluded by their own terms and conditions.

2) In this privacy policy, unless the context requires a different interpretation:

- a) The singular includes the plural and vice versa
- b) References to sub clauses, clauses, schedules or appendices are to sub clauses, clauses, schedules or appendices of this privacy policy.
- c) A reference to a person includes firms, companies, government entries, trusts and partnerships.
- d) Including is understood as including without limitation
- e) Reference to any statutory provision includes any modification or amendment of it.
- f) The headings and sub headings do not form part of this privacy policy.

## Scope of this privacy policy

3) This privacy policy applies only to the actions of Smart Nutrition and fitness and users with respect to this website. It does not extend to any websites that can be accessed from this website including, but not limited to any links we may provide to social media websites.

#### **Data Collected**

4) We may collect the following data, which includes personal data, from you.

a) Name

b) Date of birth

c) Gender

d) Contact information such as email addresses and telephone numbers

e) Demographic information such as postcode, preferences and interests

f) IP addresses (automatically collected)

In each case, in accordance with this privacy policy.

#### **Our use of data**

5) For the purposes of the data protection act 1998, Smart nutrition and fitness is the data controller

6) We will retain any data you submit for 12 months

7) Unless we are obliged or permitted by law to do so. And subject to any third party disclosures specifically set out in this policy, your data will not be disclosed to third parties, this our affiliates and / or other companies within our group.

8) All personal data is stored securely in accordance with the principles of the Data Protection act 1998.

9) Any or all of the above data may be required by us from time to time in order to provide the best service and experience when using our website. Specifically, data may be used by us for the following reasons.

In each case, in accordance with this privacy policy

#### **Third party websites and services**

10) Smart nutrition may, from time to time employ the services of other parties for dealing with certain processes necessary for the operation of the website. The providers of such services have access to certain personal data provided by users of the website.

#### **Links to other websites**

11) This we site May from time to time, provide links to other websites. We have no control over such websites. This privacy policy does not extend to your use of such websites. You are advised to read the privacy policy statement of other websites prior to using them.

#### **Changes of business ownership and control**

12) Smart nutrition may at some time expand or reduce our business and this may involve the sale and / transfers of control of all or part of smart nutrition and fitness. Data provided by users will, where it is relevant to any part of our business so transferred, be transferred along with that part and the new owner under the terms of this privacy policy, be permitted to use the data for the purposes for which it was originally supplied to us.

13) We may also disclose data to a prospective purchaser of our business or any part of it. Your privacy is protected.

14) In the above instances, we will take steps with the aim of ensuring your privacy is protected.

15) Wherever you are required to submit data, you will be given an options to restrict our use of data, this may include the following.

16) Use of data for direct marketing purposes

17) Sharing data with third parties

### **Functionality of website**

18) To use all features and functions available on website, you may be required to submit certain data.

### **Accessing your data**

19) You have the right to ask for a copy of your personal data held by smart nutrition and fitness (where such data is held) on payment of a small fee of £10

### **Security**

21) Data security is very important to us at smart nutrition and fitness and to protect your data we have put in place suitable physical, electronic and managerial procedures to safeguard and secure data collected via this website

22) If password access is required for certain parts of the website you are responsible for keeping this safe and secure.

23) We do however endeavour to do our best to protect your personal data. However transmission over the internet is not entirely secure and is done at your own risk. We cannot ensure the security of your data transmitted to the website.

### **General**

You may not transfer any of your rights under this privacy policy to any other person. We may transfer our rights under this privacy policy where we reasonably believe your rights will not be affected.

If any court or competent authority finds that provision of this privacy policy is invalid or unenforceable, that the provision or part provision will, to the extent required, be deemed to be delegated, and the validity and enforceability of the other provisions of this privacy policy will not be affected.

Unless otherwise agreed, no delay, act or omission by a party in exercising any right will be deemed of that, or any other right or remedy.

This agreement will be governed and interpreted according to the law of England and wale. All disputes arising under the agreement will be subject to the exclusive jurisdiction of English and welsh courts.

#### Change to privacy policy

Smart nutrition and fitness reserve the right to change this privacy policy as we may deem necessary from time to time or as it may be required by law. Any changes will be posted on the website and you are deemed to have accepted the terms of the privacy policy on your first use of the website following the alterations.

You may contact smart nutrition and fitness by email at [smartnutritionandfitness@gmail.com](mailto:smartnutritionandfitness@gmail.com).